



## August 17th, 2022 Meeting Minutes

Location: Upstairs Classroom, Energy Centre

1. Call to Order: 7:02pm
2. Roll Call – Tracy, Rob, Matt A., Lee, Melissa, Shane, Theresa, Carlo, Lisa, Jay, Bonnie, Matt D.
3. Approval of Agenda – Motion made Lee, Theresa seconds.
4. Ratification of previous Meeting Minutes – Motion made by Rob, Shane seconds.
5. Delegates – Elevation Health presentation in regards to concussions and baseline testing. 30% of symptoms occur right away, the rest can be hours after an incident. Would a handout or presentation be better to offer coaches on how to screen or look for signs/symptoms. Question from the board was would Elevation be willing to set up a table during evaluation weekend to let parents know the service is available as many are unaware. Depending on how the receipt is written up, it can be covered by most insurances (Physio Assessment for example). Board of Directors will discuss further choices or how to proceed and will contact TJ.
6. Correspondence – None
7. Financial Report – None
8. Old Business:
  - a. Coach Selection/Interview dates have been set for the week of August 29<sup>th</sup> – September 30<sup>th</sup>. May need to schedule 1 other date if some applicants are unavailable that week.
  - b. Concussion Presentation feedback from board members discussed. Lisa believes that an information handout not only for coaches but parents would be a good idea as not a lot of people are aware of this service. Lee will reach out to them and discuss information handouts.
  - c. Registration number updated will be emailed to the board tomorrow morning.
  - d. Development - Netscience contract was sent to Carlo. Fee is the same and sessions will be on No School Fridays again. Lee motions to bring back Netscience for the 2022-23 season, Matt seconds. All in Favor. Jason Harrison has submitted a proposal to help run development for CLMH throughout the season. He has time and flexibility this year. Lee motions to explore options with Jason and any fee's once we know what ice is available. Melissa seconds, All in Favor. Carlo had also been in talks with Danni Brown however she has since backed out. He is also willing to do as much as he can to run coach & player development throughout the season. Lastly, Thrive Fitness is preparing a package for CLMH for review and consideration in regards to dryland training.
9. New Business:
  - a. PEP Camp has been scheduled for September 16<sup>th</sup> – 18<sup>th</sup>. Connie to get registration up and running tomorrow.
  - b. Ice Breaker conditioning skates start September 6<sup>th</sup>. Directors are to start emailing coaches/volunteers to step up and help run sessions.
  - c. Tournament Dates needed by the city. Connie will select dates and will open to 2 divisions. If either of those divisions decline, it will open to another one. October 28-30 & December 9-11 are what works best looking at the current bookings with the EC.

d. Bingo Waive Request was received by Ryan Small. This is an annual request to be received while he volunteers with the NEAHL as a CLMH member. Shane motions to waive his bingo requirement for the 2022-23 season, Matt seconds. All in Favor.

10. In Camera

11. Disciplinary Committee – None

12. Hockey Operations Report – Hockey Alberta has made amendments to their minimum suspension's guidelines. Everyone should read up on them to be aware. Rob also would like there to be a focus on the tournament binder so new directors have something to follow that helps them.

13. Next Meeting – August 14, 2022

14. Adjournment – 8:42 pm